

Name: \_\_\_\_\_

Date Due: \_\_\_\_\_

***7<sup>th</sup> Grade Health Parent/Guardian Interview***

**Interview a parent or guardian by asking the following questions. Share your answers to the same questions. Discuss similarities and differences in the responses. You do NOT need to record their responses.**

1. What are the benefits of setting personal goals? (Share your achievement & character goals you created in class.)
2. What character traits do you see in me that will help me be successful in life?
3. In what ways can the decisions I make impact my ability to reach these goals?
4. What do you think makes a healthy relationship?
5. What advice could you give me about overcoming the potential pressure to become sexually active as a teenager?
6. What are some of the potential risks/consequences of being sexually active as a teenager?
7. What boundaries/limits do you feel I should set for myself as I start to gain more freedom?
8. What advice would you give me to help me stand up for my own beliefs in difficult situations?
9. What is the difference between being assertive and aggressive?
10. What is the best way for us to continue these discussions in the future?

Parent/Guardian Signature: \_\_\_\_\_