

Name: \_\_\_\_\_ Date Due: \_\_\_\_\_

***8<sup>th</sup> Grade Health Parent/Guardian Interview***

**Interview a parent or guardian by asking the following questions. Share your answers to the same questions. Discuss similarities and differences in the responses. You do NOT need to record their responses.**

1. What are the benefits of setting personal goals? What advice could you give me to help me reach my full potential in life?
2. What character traits do you see in me that will help me be successful in life?
3. What do you think makes a healthy vs. an unhealthy relationship?
4. What type, and how much influence do you feel the media has on a teenager's decisions, and ability to set personal boundaries?
5. Why do you think some teenagers choose to become sexually active? What are the potential consequences/risks?
6. What advice could you give me about overcoming the potential pressure to participate in high-risk or at-risk behaviors?
7. What boundaries/limits do you feel I should set for myself as I start to gain more freedom? (Example: Boundaries that need to be set/followed in the world of social media etc.)
8. What advice would you give me to help me stand up for my beliefs in difficult situations?
9. What is the difference between being assertive and aggressive?
10. What is the best way for us to continue these discussions in the future?

Parent/Guardian Signature: \_\_\_\_\_