

Name: _____

Date Due: _____

8th Grade Health Parent/Guardian Interview

Interview a parent/guardian by asking the following questions. Share your answers to the same questions. Discuss similarities and differences in the responses. You do NOT need to record their responses.

1. What are the benefits of setting personal goals? (Share the "My Life According to Me" Activity.)
2. What character traits do you see in me that will help me be successful in life?
3. What type, and how much influence do you feel the media has on my decisions, and ability to set personal boundaries?
4. Why do you think some teenagers today choose to become sexually active? What are the risks?
5. Why are the **majority** of teens today choosing abstinence?
6. How can choosing abstinence impact my future in a positive way?
7. What boundaries/limits do you feel I should set for myself as I start to gain more freedom? (Example: Boundaries that need to be followed in the world of social media etc.)
8. What advice would you give me to help me stand up for my own beliefs in difficult situations?
9. What is the difference between being assertive and aggressive?
10. What is the best way for us to continue these discussions in the future?

Parent/Guardian Signature: _____