

Name: _____

Due Date: _____

6th Grade – Health Parent/Guardian Interview

Interview a parent or guardian by asking the following questions. Share your answers to the same questions. Discuss similarities and differences in the responses. You do NOT need to record their responses.

1. What character traits do you see in me that will help me be successful in life?
2. In what ways can the decisions I make impact my ability to reach my personal goals?
3. Share the goals you identified for yourself in class. Ask your parent(s) or guardian to share how they feel about your goals, and how they can help you achieve them.
4. Discuss the difference between taking careless and calculated risks.
5. Complete this statement: The friends you choose are extremely important because.....
6. When you were my age, how did you feel about yourself? What advice/strategies could you share with me to help me improve my self-confidence?
7. What advice could you give me about overcoming peer pressure, and media influences?
8. What does the term abstinence mean? What are the benefits of setting personal boundaries/limits in your life?
9. What helped you stand up for your beliefs and values under pressure?
10. What is the difference between being assertive and aggressive?

Parent/Guardian Signature: _____