

Dear Eighth Grade Parents,

Health students will participate in a unit on Human Growth and Development near the end of the grading period. This unit will last approximately 5-7days and will cover the following topics from the **Choosing the Best Life and Glencoe Curriculum**: 1) Emotions and self - respect; 2) Alcohol and decision making; 3) STD/AIDS / HIV Transmission; 4) Consequences of sexual activity; 5) Methods of pregnancy and STD prevention with emphasis on abstinence; 6) Peer pressure; and 7) Assertiveness training; 8) Building healthy relationships.

During this unit only Cobb County School District approved materials will be used. This program will help students avoid risky situations, make positive choices, ward off sexual advances and understand the benefits of remaining abstinent until marriage. We believe that parents and guardians are the primary resource for students in this area. We want to work with you in providing information on these vital subjects. Research shows that students do listen to parents in this most important area of their life. You may contact me by email ([cara.coe@cobbk12.org](mailto:cara.coe@cobbk12.org)) if you would like to set up an appointment to come by and review the materials. I would be happy to answer any questions you may have. **Please sign the form below and return to your child's Health teacher to allow your daughter or son to participate in this program.**

Students not attending classes in Human Growth and Development will be given other health topics for study. Students who repeatedly exhibit immature behavior will be removed from the Human Growth and Development unit and placed in an alternate health related unit.

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## HUMAN GROWTH AND DEVELOPMENT PERMISSION FORM

**PLEASE RETURN THIS FORM TO YOUR HEALTH TEACHER.**

\_\_\_\_\_ (Student's name) **MAY TAKE PART IN THIS UNIT.**

\_\_\_\_\_ (Student's name) **MAY NOT TAKE PART IN THIS UNIT.**

Parent/Guardian Signature\_\_\_\_\_